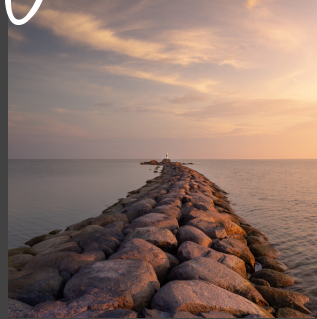


Chris Prange-Morgan

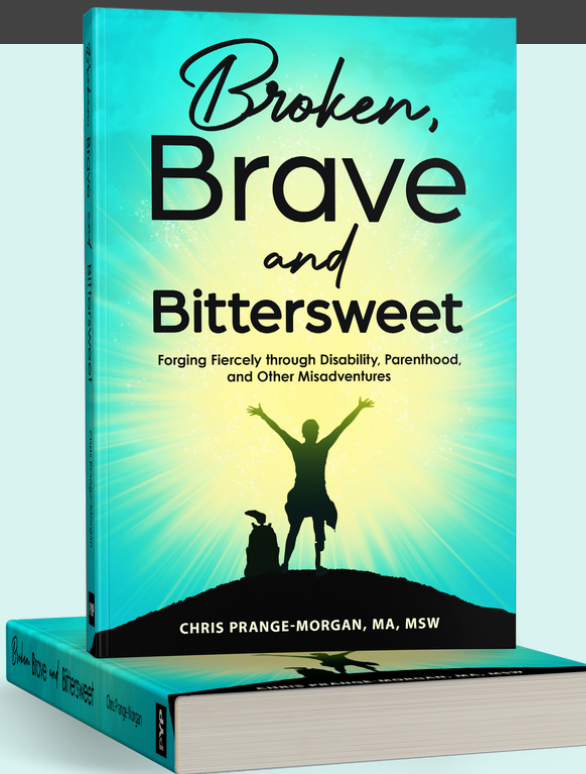
Author, Speaker, Mentor, Coach



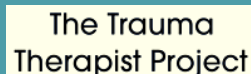
CHRIS PRANGE-MORGAN (SHORT BIO)

The author of *Broken, Brave and Bittersweet*, Chris considers herself both a "hope monger" and "recovering idealist."

Her story has been featured on *The Today Show*, *The Trauma Therapist Project*, *CBS*, *Milwaukee Magazine*, *The Institute for Healthcare Improvement* website, and *The Conversation Project*. She has spoken at numerous events, been interviewed on numerous podcasts, and her articles have appeared in several publications, including *Psychology Today*, *The Huffington Post*, *Able Outdoors*, and *Living With Amplitude* magazine. As a coach, speaker, healthcare/disability advocate and seasoned retreat leader, Chris and her husband have worked with parents and professionals in the trenches of working with challenging life and family circumstances.



AS SEEN IN:

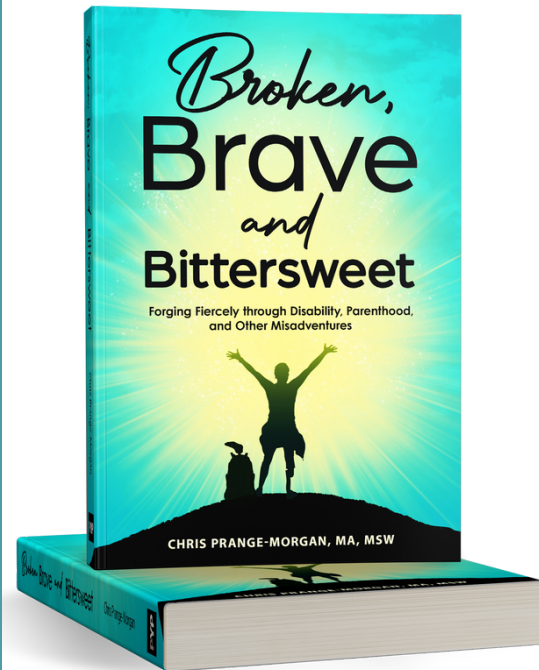


LONG BIO:

Chris Prange-Morgan
AUTHOR, SPEAKER,
MENTOR, COACH

Chris Prange-Morgan, M.A., MSW, considers herself a student of all types of trauma. A self-proclaimed “hope monger” and “recovering idealist,” Chris is passionate about helping others find the tools and resilience to work through their obstacles.

Before becoming a parent to her children, Chris worked for more than 10 years as a mental health professional and social worker with adults in the criminal justice system. She has a Master’s degree in social work from Loyola University Chicago, a Certificate of advanced graduate study in pastoral counseling from Neuman College, and a Master of Arts in religious studies from Cardinal Stritch University and is a certified life coach. Prange-Morgan has sought to better understand collective and generational trauma and its effect on individuals after she suffered a life-changing accident in 2011 and became a trauma survivor herself. Her story has been featured on *The Today Show*, *The Trauma Therapist Project*, *CBS*, *Milwaukee Magazine*, *The Institute for Healthcare Improvement* website, and *The Conversation Project*. She has spoken at numerous events, been interviewed on numerous podcasts, and her articles have appeared in several publications, including *Psychology Today*, *The Huffington Post*, *Able Outdoors*, and *Living With Amplitude* magazine. As a coach, speaker, advocate and seasoned retreat leader, Chris and her husband have worked with parents and professionals in the trenches of working with challenging life and family circumstances.



TESTIMONIAL

“Chris Prange-Morgan’s, *Broken, Brave & Bittersweet*, is an unflinching examination of trauma healing as well as recovery from losses both expected and surprising. Prange-Morgan’s busy life is overwhelming but doable until a rock climbing accident changes everything she assumes about her role in the world, her body, and her relationships. Readers will find themselves quickly immersed in Prange-Morgan’s wise, compassionate, and even humorous narrative as she physically and emotionally confronts her life-changing injury while reexamining what it means to parent adopted children with extraordinary needs. Prange-Morgan’s background as both social worker and community minister lends her narrative not only an authority for her topic areas but the additional vulnerability and empathy that comes with truly living what we preach. Life takes all of us down unexpected paths—*Broken, Brave & Bittersweet* is an excellent guide for the journey.”

—Joanne Nelson, Author of *This is How We Leave*.

Photos:

Chris Prange-Morgan
AUTHOR, SPEAKER,
MENTOR, COACH



Photos:

Chris Prange-Morgan
AUTHOR, SPEAKER,
MENTOR, COACH



“Chris is one of those preciously rare people who has been able to take the tragedies in her life and use them to grow herself personally, build community for others working through their own struggles, and serve as an amazing friend and role model for those of us who just happened to be lucky enough to cross paths with her. She is achingly honest on bad days and brilliantly joyful on good days; always truthful, passionate and real. Her story has lessons for all of us.”

-Dr. Tina Stoeckmann, Clinical Professor, Neurologic Residency Academic Coordinator,
Department of Physical Therapy, Marquette University



“Chris’ story is an inspiration, and testament to the human spirit. For those of us working in healthcare, it’s important to understand the emotional and physical aspects of healing, and to always be present and mindful in caring for our patients. Keep doing what you’re doing!”

-Southeast Regional Trauma Education (SERTEC) conference attendee

TESTIMONIALS

“Chris Prange-Morgan writes with honesty, wisdom, and insight about the unexpected curves that life throws at all of us. Her story is relatable to anyone who’s ever had to change course suddenly, make new plans on the fly, or grow into a role they never dreamed they’d have to play.”

-Larry Borowsky, editor, Amplitude Magazine



“Chris is a fellow RAD mom, survivor and one of the most resilient people I know. Parenting a child with Reactive Attachment Disorder is not for the faint of heart. This disorder can tear a parent and their entire family apart. Chris has endured a series of events that most would not overcome. Chris’ book is a testament to the resiliency of the human spirit, and will be a “go to” book for other struggling parents.”

-Tracey Poffenroth-Prato, Podcast Host, Coach RAD Talk With Tracey



“Chris is someone who through adversity is able to be present with her experience, reflect on it, and grow from it. She has shown significant posttraumatic growth after her injury, a story in survival and resilience we can all learn from.”

-Terri deRoos-Cassini, PhD., MS. Professor of Trauma & Acute Care Surgery, Medical College of Wisconsin; Executive Director—Comprehensive Injury Center; Director—Trauma Psychology Program, MCW; Co-Director, Milwaukee Trauma Outcomes Project.